

EXHIBIT “A”

Midwest City Soccer Club

U5/U8 Rules and Regulations

All rules of competition will conform to the current edition of The IFAB/FIFA Laws of the Game unless otherwise stated below.

Law 1. The Field of Play:

- a. Length: minimum 25 yards, maximum 35 yards
- b. Width: minimum 15 yards, maximum 25 yards
- c. Field Markings: The center circle will have a radius of four (4) yards.
- d. The Goal Area: The goal area will extend horizontally for 4 yards out from the inside of each goalpost and vertically for 4 yards out from the goal line.
- e. The following field markings will not be used: The Penalty Area
- f. The Corner Arc: Conform to IAFB/ FIFA, 1 yard arc.
- g. Goals: The maximum distance between the posts is six (6) feet and the distance from the lower edge of the crossbar to the ground is four (4) feet. Goals may be smaller in dimension.

Law 2. The Ball:

- a. Size three (3)

Law 3. The Number of Players:

- a. Each team will consist of not more than four players and not less than two players on the field.
- b. Neither team will have a designated Goalkeeper with special handling privileges; however they may play with a Defender or Sweeper if they choose. No player may stay in the goal area if field play has progressed away from their side of the field. If after a coach has been warned and the referee deems a player is excessively staying within the goal area, an indirect free kick will be awarded at the center top of the offenders goal area.
- c. Substitutions: Each team may make unlimited substitutions at any stoppage of play after getting the approval of the referee.

Law 4. The Players' Equipment:

- a. Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams.

Law 5. The Referee:

- a. A Grade 09 or higher referee is suggested. All infringements shall be briefly explained to the offending player. In absence of a licensed referee, a team manager, coordinator, parent, or coach may be used. They must also have the risk management background check approval.

Law 6. The Assistant Referees:

- a. None

Law 7. The Duration of the Match:

- a. The match shall be divided into four (4), ten (10) minute quarters. There shall be a five (5) minute break between quarters.

Law 8. The Start and Restart of Play:

- a. Opponents of the team taking the kick-off are at least four (4) yards from the ball until it is in play.

Law 9. The Ball In and Out of Play:

- a. Confirm to IFAB/FIFA

Law 10. The Method of Scoring:

- a. Conform to IFAB/FIFA

Law 11. Offside:

- a. None

Law 12. Fouls and Misconduct:

- a. All fouls shall result in an indirect free kick. The referee must explain ALL infringements to the offending player. No cards are shown for misconduct.
- b. Slide tackling will be considered dangerous play in all instances and awarded a free kick. To be a slide tackle both components of tackling and sliding MUST be present.

Law 13. Free Kicks:

- a. All free kicks are indirect and opponents are at least four (4) yards from the ball until it is in play.
- b. If an infraction occurs inside the goal box area, an indirect free kick will be taken on the line of the goal box closest to the point of the infraction. The defending team may place a maximum of 2 players on the goal line between the goal posts to defend to goal.

Law 14. The Penalty Kick:

- a. None

Law 15. Throw-In:

- a. In the case of an incorrect throw-in, it will be retaken by the same team. The referee/coach/parent should give instruction on how to do a proper throw-in. If the retake is also incorrect, play will continue as if the throw-in was correct.

Law 16. The Goal Kick:

- a. The ball must be stationary and is kicked from any point within the goal area by a player of the defending team. Opposing players must be four (4) yards away from the ball until it is in play.

Law 17. The Corner Kick:

- a. Opponents remain at least four (4) yards from the ball until it is in play.

Note: Referees in training will keep score, but will not record for the status of standings in the league play.